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The nuclear spin-lattice relaxation in Mn<sub>12</sub>-ac at millikelvin temperatures is dominated by tunneling fluctuations, and is surprisingly fast

The nuclear spin system is in good thermal contact with the phonon bath

We believe that any realistic description of the nuclear spin dynamics should account for spin diffusion + tunneling in fast molecules + spin-phonon coupling



How can we justify such a strong spin-phonon coupling as the experimental results require?

What are the consequences of the observed fast nuclear relaxation on the tunneling probability?

Is there any special interplay between intercluster dipolar coupling and lattice temperature?



