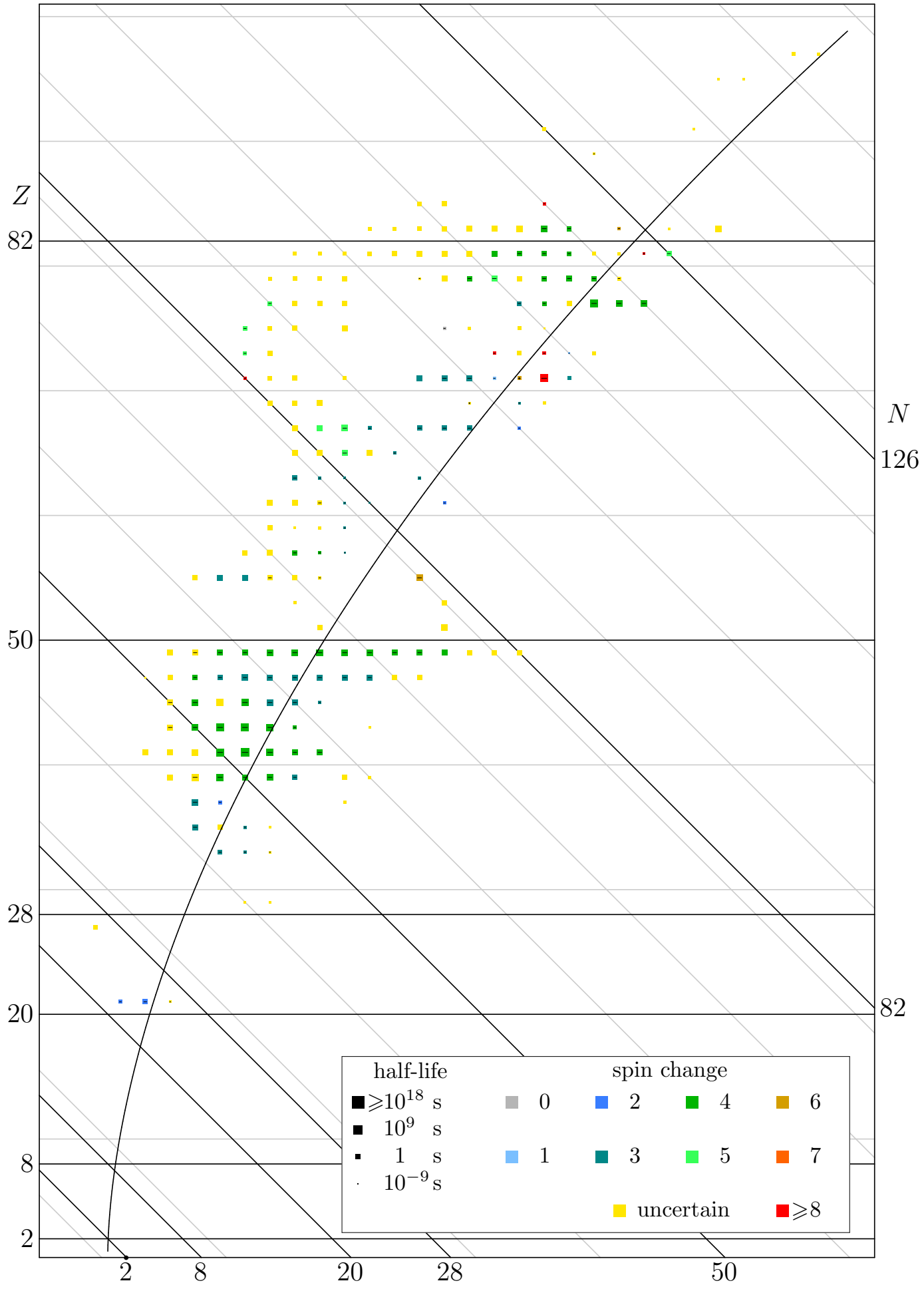Half-Life of Odd-Even Isomers