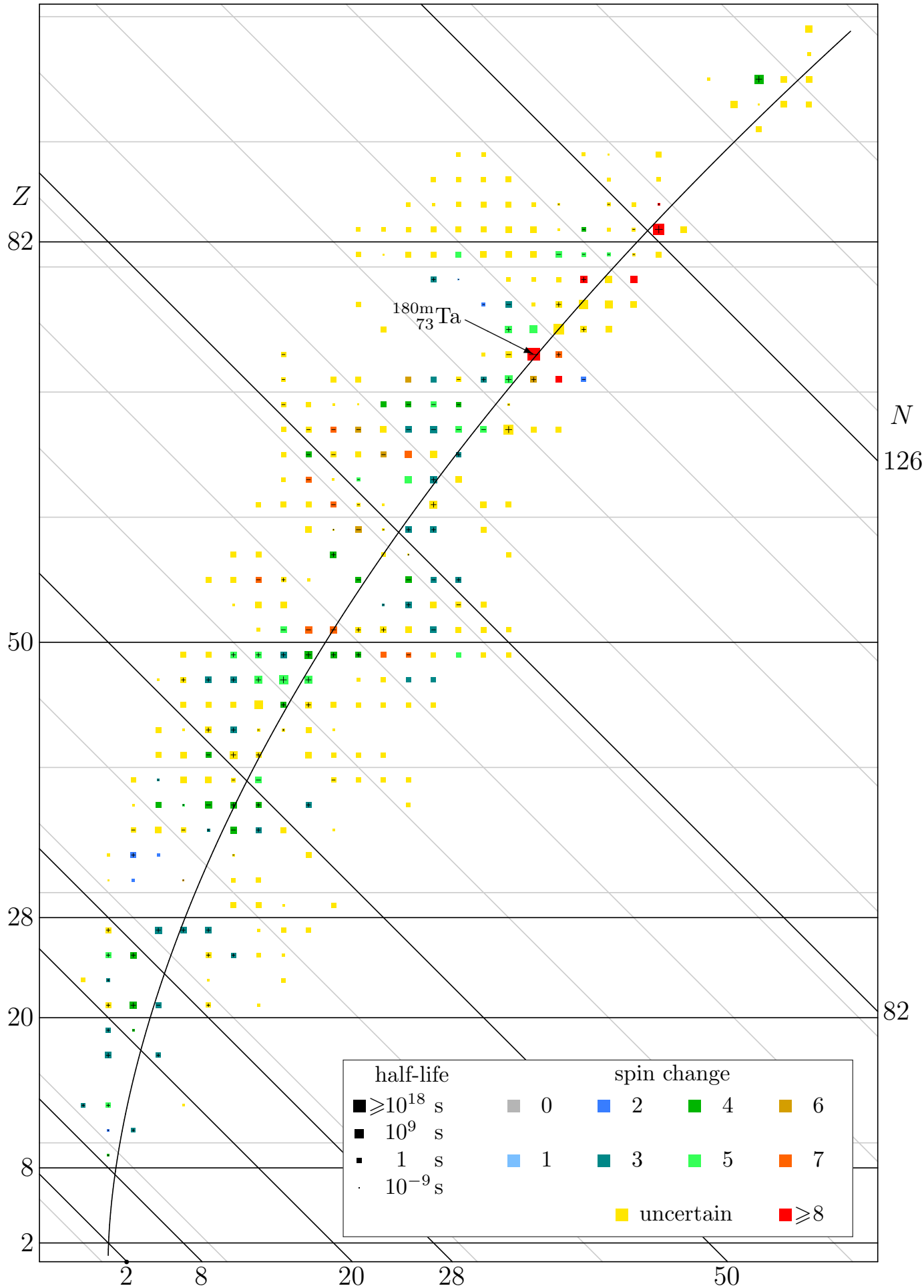Half-Life of Odd-Odd Isomers